From Nashville take I-40 East to Cookeville. Turn right onto South 111 (exit 288). Park entrance is on the left on Highway 284 (45 miles).

From Knoxville take I-40 West to Crossville, Peavine Road (exit 322). Take left off the exit onto Highway 101 South. At the 4-way stop, go straight on Highway 392 through the first traffic light (at Highway 127). Continue straight to the second traffic light (Lantana Road, Highway 101). Take a left turn onto Highway 101 South and travel approximately 30 minutes to a dead-end. Turn left (still on Highway 101) and go approximately 4 miles to Highway 30. Turn right on Highway 30 West. Park entrance is approximately 5 miles on the left (at Highway 284).

From Atlanta take I-75 North to Chattanooga. Take I-24 toward Nashville. Take Highway 27 North toward Dunlap and follow Highway 111 North to the park entrance on the right.